



Aboriginal Health Strategic Initiatives

2008/2011 Aboriginal Health and Wellness Plan Implementation Milestones:

Presentation to: Gathering Wisdom for a Shared Journey III

Presentation by: Linda Day, Regional Director - AHSI

November 4, 2009

Overview

- Background and Context
- VCH Aboriginal Health Strategic Priorities
- Implementation Milestones:
 - Aboriginal Patient Navigator Program
 - Cross Cultural Competency and Inclusion
 - Aboriginal Mental Health and Addictions

Background

The 10-year *Transformative Change Accord: First Nations Health Plan* (FNHP), released in November 2006 by the FNLC and the Province of BC, identifies 29 action items within the following 4 key areas to close the gaps in health status between First Nations people and other British Columbians:

- (1) Governance, relationships and Accountability;
- (2) Health Promotion/Disease and Injury Prevention;
- (3) Health Services; and
- (4) Performance Tracking.

Background

Accountability between the First Nations Health Council and the Province of British Columbia for the outcomes of this plan are assessed using the following 7 performance indicators:

- (1) Life expectancy at birth;
- (2) Mortality rates (deaths due to all causes);
- (3) Youth Suicide rates;
- (4) Infant mortality rates;
- (5) Diabetes rates;
- (6) Childhood obesity; and
- (7) Increasing the number of Aboriginal Health Care professionals.

Context

- The 2008 – 2011 VCH Aboriginal Health and Wellness Plan is in the second year of implementation after having been formally ratified by the VCH SET and Board in September 2008.
- The nine strategic priorities contained within the 2008 – 2011 VCH Aboriginal Health and Wellness Plan are aligned with the twenty nine action items contained within the *Transformative Change Accord: First Nations Health Plan* (FNHP).

Strategic Priorities 2008/2011

The 2008 – 2011 VCH Aboriginal Health and Wellness Plan contains nine strategic priorities towards achieving better health outcomes for Aboriginal people:

- (1) Access to Health Care Services;
- (2) Cultural Competency and Inclusion;
- (3) Management and Accountability;
- (4) Aboriginal Health Data;
- (5) Mental Health and Addictions;
- (6) Primary Health Care Services;
- (7) Health Education and Human Resources;
- (8) Elder Care; and
- (9) Public Health.

APN Staff (HSDA)

1. **Team Leader / APN**
 - **Dion Thevarge**
 - **Sea to Sky Corridor**

2. **APN**
 - **April Arsenault**
 - **Metro Van / Provincial**

3. **APN**
 - **Clifford Hanuse**
 - **Central / Sunshine Coast**

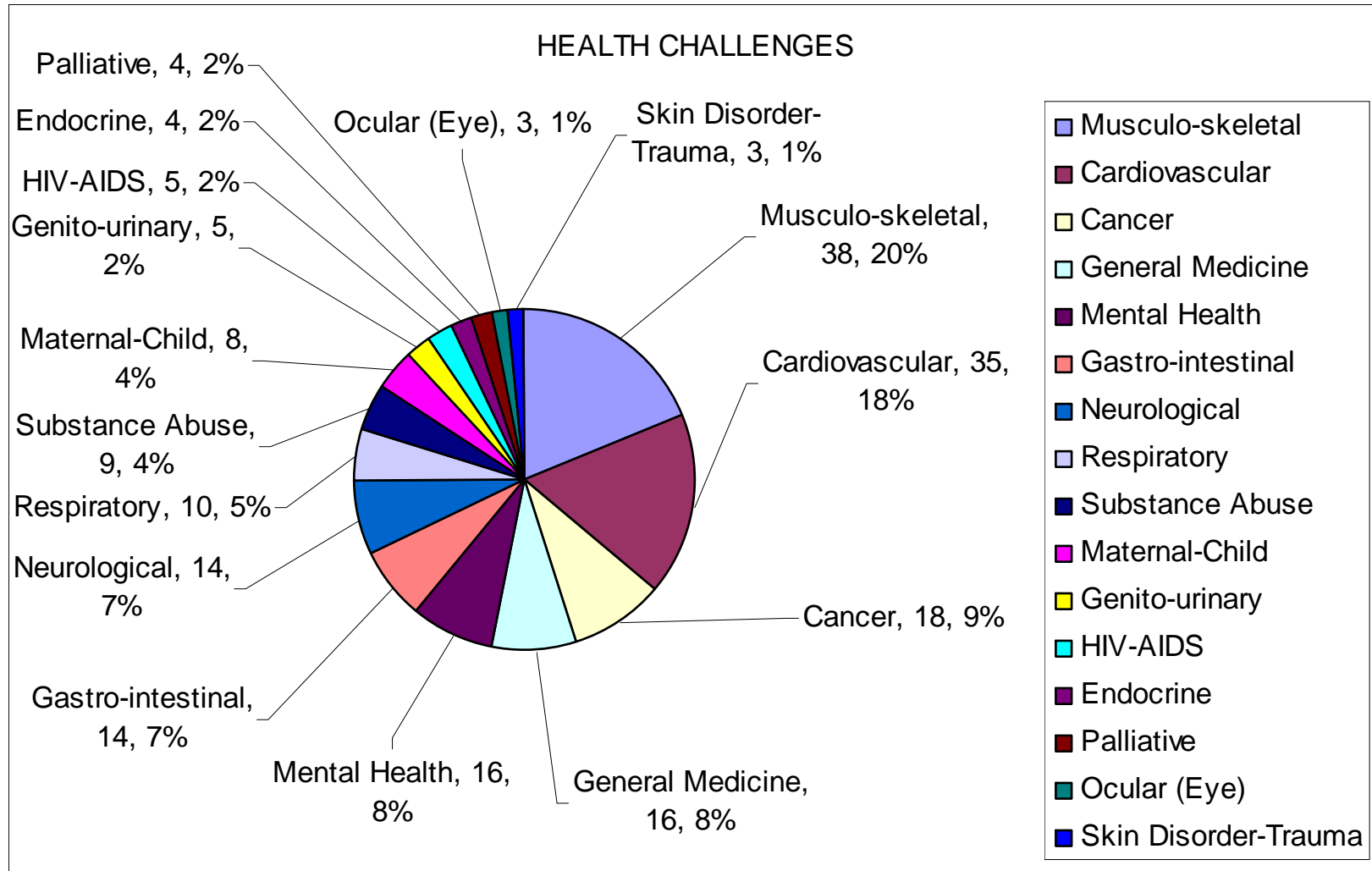


APN Patients – Gender/Age

	Jan-09	Apr-09	Jul-09	Oct-09	
GENDER	Mar-09	Jun-09	Sep-09	Dec-09	TOTAL
Female	31	41	24		96
Male	34	38	19		91
SUB-TOTAL	65	79	43		187

	Jan-09	Apr-09	Jul-09	Oct-09	
AGE	Mar-09	Jun-09	Sep-09	Dec-09	TOTAL
Adult	49	47	27		123
Senior	12	16	10		38
Youth	3	12	2		17
Unknown	0	4	3		7
Child	1	0	1		2
SUB-TOTAL	65	79	43		187

Current Health Challenges



Referrals/Service Areas

REFERRAL SOURCE	Jan-09	Apr-09	Jul-09	Oct-09	TOTAL
	Mar-09	Jun-09	Sep-09	Dec-09	
Acute	38	52	28		118
Community	21	19	15		55
Rural	5	3	0		8
Unknown	1	5	0		6
SUB-TOTAL	65	79	43		187

HEALTH SERVICE AREA	Jan-09	Apr-09	Jul-09	Oct-09	TOTAL
	Mar-09	Jun-09	Sep-09	Dec-09	
Metro Vancouver	18	24	21		63
Northern Health	11	12	7		30
Central Coast	4	16	7		27
Interior Health	11	9	2		22
Sea-To-Sky	5	8	1		14
Vancouver Island	6	3	2		11
Unknown	2	6	2		10
Out of Province	1	7	0		8
Fraser Health	0	1	1		2
SUB-TOTAL	58	86	43		187

Cross Cultural Competency and Inclusion Forum, February 26 and 27, 2009

The Forum had two primary goals:

1. The first was to provide an opportunity for Aboriginal people to state what was important to them in receiving health care, and what “culturally competent” and “culturally inclusive” might mean;
2. The second was to elicit recommendations from VCH staff as to how culturally competent and inclusive practices and attitudes could be fostered in their workplaces:

Video's from the CCT Forum are available to view from this site:

<http://www.lemongrassmedia.net/lgm/videogallery/files/cct-apn.html>

Aboriginal Mental Health and Addictions Forum, September 24 and 25, 2009

- To understand, improve and coordinate mental health and addictions programs and services for Aboriginal people.
- To inform the development of a VCH Aboriginal Mental Health and Addictions Framework.
- Copies of the Forum *Final Report* and Forum Power Point Presentations are available from the VCH Aboriginal Health website: www.vch.ca/aboriginalhealth

KEYNOTE: DR LEE BROWN

INTERIM DIRECTOR OF THE INSTITUTE OF ABORIGINAL COLLEGE OF HEALTH SCIENCES, UBC

WORDS ARE EMOTIONS MADE MANIFEST



Don't suppress the ENERGY of life

Changing the Language of Mental Health

EMOTIONAL HEALTH IS THE BASIS OF MENTAL HEALTH

HEALTH AND HOPE

Focus on the positive not the negative

LANGUAGE
Engage in a true partnership
• Holistic - mind, body and heart
• Partnerships include:
→ Power
→ Control
→ Choice
→ Values
→ IDENTITY
• Must reflect our culture

"My first Counsel is This: Possess a pure, kindly and Radiant Heart."
Bahá'í lláh

Talk from here; knowledge comes from here.

UBC - RESEARCH

Toxicity in your emotions will start to effect the health of your family, people, planet.



the negative (FEAR)

"Thankyou for coming"

I'm celebrating 36 years of sobriety

AWAKE!
this is the DAY of our SPRINGTIME

Relationships ARE THE KEY!



Age 5-6

When I was only 8 Drug experiences

|| losing ability to walk

Malnutrition - very sick

I knew I was dying

Came back to life

What would it take to be healthy, for my family to be healthy, for my Nation to be healthy?"

OUR HEARTS CARRY THE TRAUMA OF OUR ANCESTERS - IT IS A MIRACLE THAT WE ARE ALL HERE TODAY.

OUR CULTURE IS A SOURCE OF HEALING FRAMEWORK

UBC - COMMUNITY

GOOD FOOD = MEDICINE
BAD FOOD = DISEASE (NUTRITION)

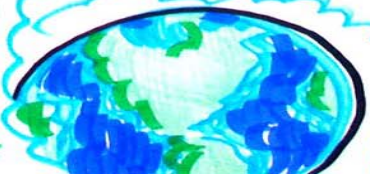


PHILOSOPHICAL FOCUS FOR DIALOGUE:

- 1 * Indigenous people of the Americas had amazing health and health care system
- 2 * This knowledge and system of healing still exists
- 3 * We will extend holistic health to other Nations and Peoples and to the Earth itself.

WE NEED TO ENGAGE!

We need long-term caring relationships with health





Contact Us

- Info.aboriginalhealth@vch.ca

Linda Day, Regional Director
Aboriginal Health Strategic Initiatives
604-875-5600 ext 66942

Peter Vlahos, Leader, Planning
Aboriginal Health Strategic Initiatives
604-875-5600 ext 63285