

# ABORIGINAL HEALTH



## CURRICULUM DEVELOPMENT PROJECT

2008-2011

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# Project Goals



- To strengthen the learning and understandings of future health care professionals in relation to Aboriginal health
- To prepare future health care professionals with the values, attitudes, knowledge, and skills to respond sensitively to the current realities and health issues facing Aboriginal people and thus to practice more effectively with these populations
- To advance interprofessional initiatives in the classroom and during practicum experiences in order to increase collaboration among future health care professionals, institutions, and community agencies as a means to improve their collective responsiveness to the needs of Aboriginal people
- To build new partnerships and to strengthen existing relationships with Aboriginal people

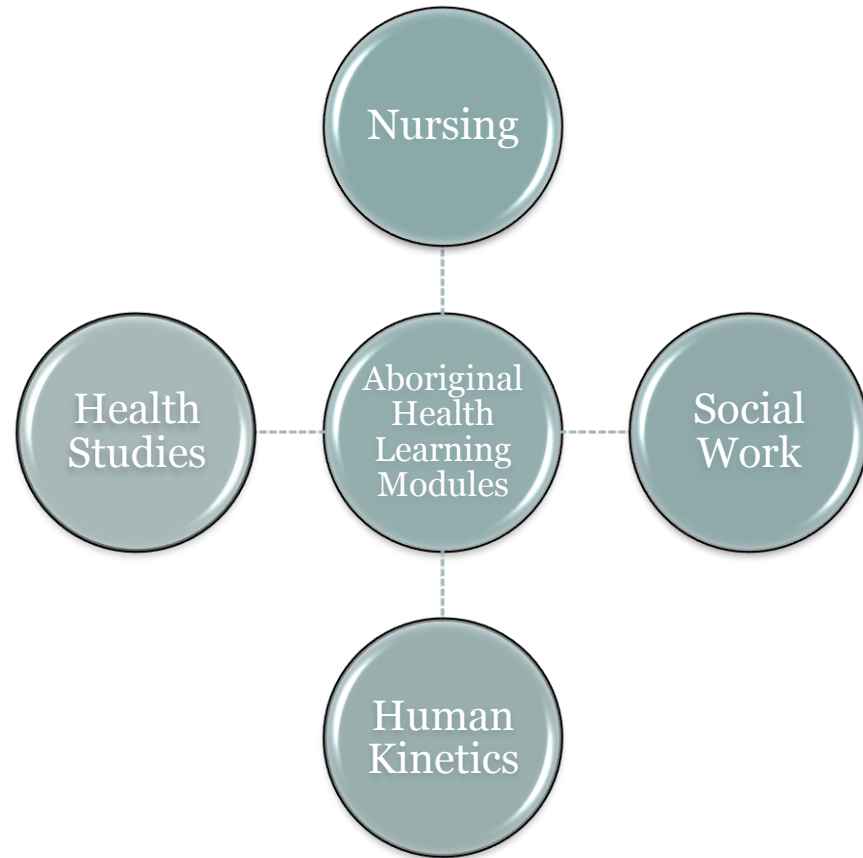


4

MODULES

4

DEPARTMENTS



## The Faculty of Health and Social Development

# Module Overview



## Who we are: Nation to Nation

*How we honour ourselves, our families, our communities and our neighbours*

## Past and Present Colonization

*Government policy and the impact on our health*

## Aboriginal Health Cultural Safety

## Community Engagement

*Who we are in our communities*

## Decolonization

*The experience of cultural safety in our homes, communities and Nations*

# Advisory Council



## Who's Involved

- 20 members (TOR)
- Consist of Elders, members from local Aboriginal communities and organizations
- Representatives from each department in FHSD
- Indigenous Studies
- Aboriginal Services

## Purpose

- Directs all aspects of the project
- Ensures appropriate protocol related to curriculum development
- Facilitates community awareness and support

# Module Overview



• **1. Who We Are**

• **2. Colonization**

**Nation to Nation**

**Past and Present Conditions**

**Decolonization**

**Community Engagement**

• **4. Developing Culturally Safe Practices**

• **3. Health in our Communities**

# Module Overview: Content



## **Who we are: Nation to Nation**

*How we honour ourselves, our families, our communities and our neighbours*

**Objective: Develop understanding of Indigenous human rights and Okanagan knowledge systems**

**Pre-contact/contact**

**Intro to Okanagan culture/language/traditions**

**Relationship based/land based peoples**

**Protocols of Nations**

## **Past and Present Colonization**

*Government policy and the impact on our health*

**Objective: Learn about the intergenerational legacy of colonization and the current health realities of Aboriginal people**

**2 victims: experiential (Aboriginal) and the pawns of assimilation (non-aboriginal)**

**Genocide**

**Residential school, Foster care, 60's scoop**

## **Health in our Communities**

*Who we are in our communities*

**Objective: Develop understanding of wholistic approach to health: mental, physical, spiritual and emotional and how, as a group, we are accountable to our communities and our own systems of health-**

**Practicum: Module will be delivered in an Aboriginal community**

**Current health issues (rural and urban)**

## **Decolonization**

*Decolonization: the experience of cultural safety within our homes, communities and Nations*

**Objective: Demonstrate understanding of cultural safety and ability to practice within this framework**

**Critical thinking skills**

**Structural violence**

**Racism**

**Displacement/Disconnection**

**Incarceration**

# Module One Overview



## Connecting the Mind, Heart, Body and Spirit

### Respect

#### Lesson One

##### *Who we are: Nation to Nation*

#### Objective:

Students will gain an understanding of how we honour ourselves, our families, our communities and neighbours.

#### Preparation:

- \*Nation to Nation Relationships
- \*Interior Aboriginal Peoples

#### Lesson:

Circle: Intro to language and culture

#### Assignment:

Journal-Is your mind open?  
*Respect*

### Peace

#### Lesson Two

##### *Listening to Our Stories*

#### Objective:

Students will gain an understanding of the purpose of stories and a greater appreciation of the interconnectedness of all things.  
Students will gain an awareness of oral teachings/ knowledge systems

#### Preparation:

- \* Students will read about oral traditions and knowledge systems

#### Lesson:

Circle: Okanagan story: Four Food Chiefs

#### Assignment:

Journal-Is your heart open? *Peace*

### Sharing

#### Lesson Three

##### *Telling your Story*

#### Objective:

Students will gain an appreciation that each of us is a cultural being.

#### Preparation:

- \*How culture shapes our health practices

#### Lesson:

Circle: What did you learn from first classes- tell your story- share what you really think and feel.

#### Assignment:

Journal-Why is it important to share with each other and of our cultures?  
*Sharing/ relationship building*

### Coexistence

#### Lesson Four

##### *The impact of culture on health practices*

#### Objective:

To explore the Aboriginal concepts of health

#### Preparation:

- \* Medicine Wheel

#### Lesson:

Circle:  
What did you learn about yourself?

#### Assignment:

Journal-What is your understanding of the differences between Aboriginal health understanding and western health practices? How can these coexist?