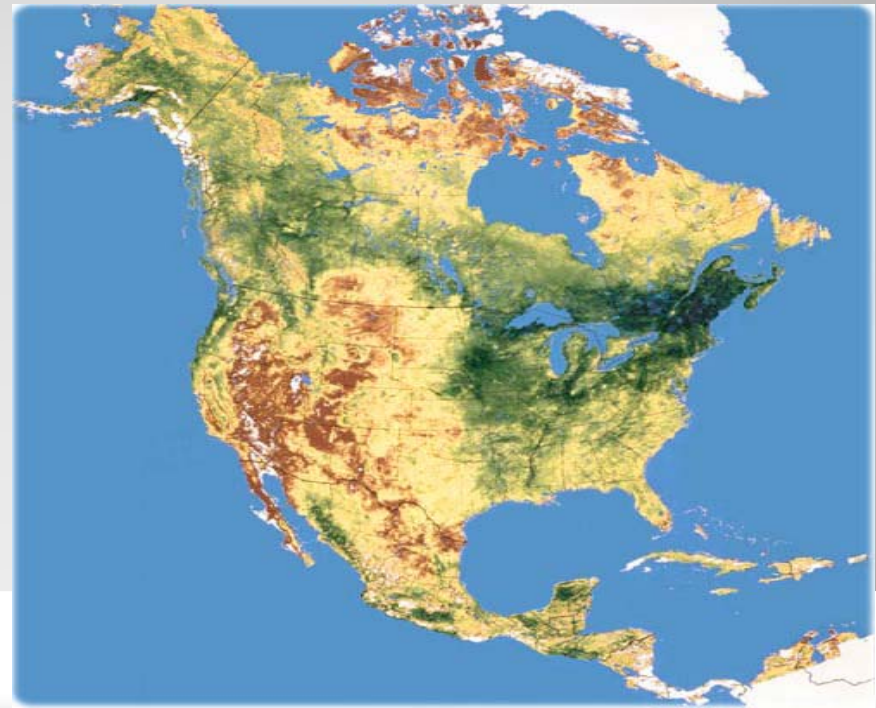


Community HUBS



Turtle
Island

- **The Turtle is considered to be the oldest, sacred symbol of the Anishinabe and Haudenosaunee people.**
- **Many Indigenous peoples refer to North America as Turtle Island.**



The Turtle Shell....

- **A mosaic of uniquely patterned squares much like the mosaic of communities in a HUB**
- **A calendar**
- **10 year CeH Initiative**



When Something New Comes Along....



- **Exercise caution**
- **Protect vulnerabilities**
- **Guard independence**

We Have to be Prepared to Stick Our Necks Out.....

Medicine of turtle....

- **Deliberate**
- **Thorough**
- **Moved forward with patient, steady flow**



Takes Us Time to Gain Footing....



Rock

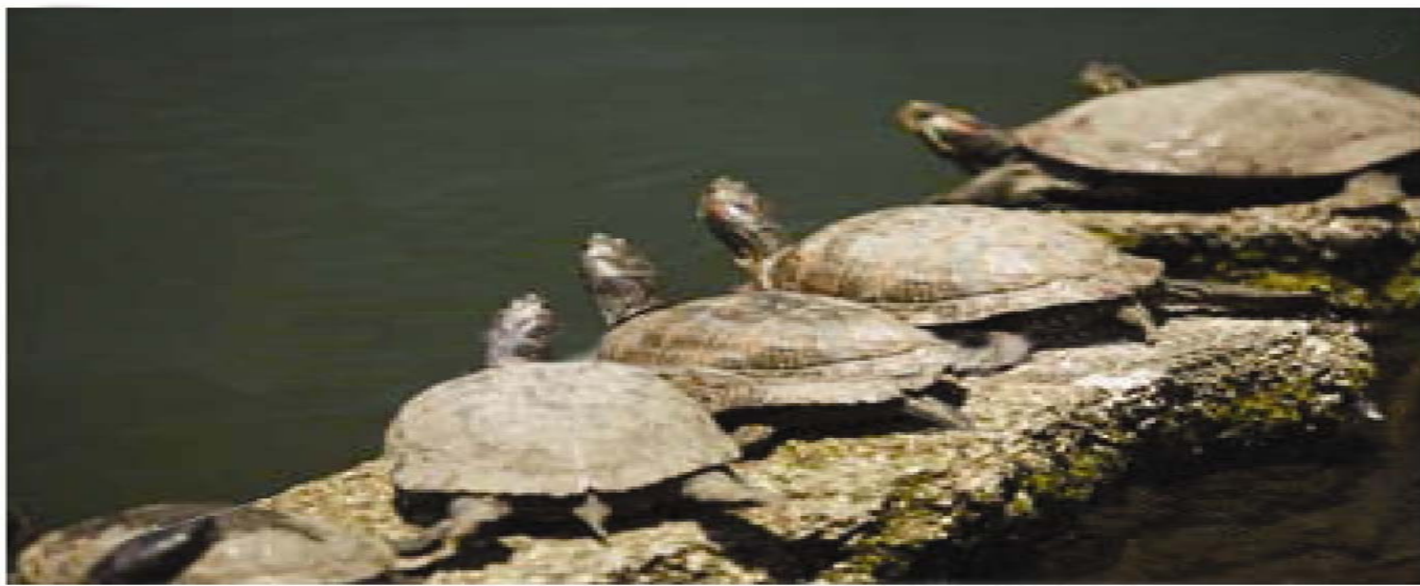


Right Ourselves

Roll



Early HUB Meetings...



Putting Our Heads Together....

- **Collaborating**
- **Planning**
- **Communicating**

Communities Climb Aboard the HUB.....



Take tentative steps together....

- **Share information and resources**
- **Pursue common and independent initiatives**
- **Take turns leading**

Participants Have Different Perspectives....



- **Independent**
- **Interdependent**
- **Collective decision-making**

HUBs Form New Partnerships.....

The Nlaka'pamux (NSS) HUB is located in the south and north ends of the Fraser Canyon and includes:

- Spuzzum
- Boothroyd
- Boston Bar
- Oregon Jack Creek



The Seabird Island HUB is located in the Fraser Valley region and includes:

- Chawathil
- Shxw' ow'hamel
- Union Bar
- Cheam
- Scowlitz
- Seabird
- Chehalis
- Skwah
- Kwaw Kwaw Apilt
- Kwantlen
- Soowahlie

Each HUB Has Been Busy....

Nlaka'pamux

- Ongoing meetings with Chiefs/Band Managers and health team
- Established community Mental Wellness plans for each community
- Sponsored Frontline Worker Training
- Established COHI Program

Seabird

- Hosted 1st Annual HUB Gathering
- Began community consultation sessions
- Established HUB Committee
- Held 1st HUB Committee strategic planning session
- Developed Communication Plan and promotional materials



Together We Have Shared....

Services...

- **Mental health**
- **Addictions**
- **Home Care**

Resources...

- **Training**
- **Resource materials**
- **Expertise**

Planning...

- **Joint planning of health services**
- **Networking with other HUBs**



Planning For the Future....

Moving forward with new initiatives..



- **Suicide Postvention**
- **Crisis Protocol**
- **Community Consultation Sessions**
- **Community Vision & Mission Statements**
- **Community Wellness Plans**
- **2010/11 CeH work plan with HUB Committee input**
- **Events & Gatherings Focused on Health Priorities**
- **Hold Traditional Cultural /Alternative Medicines Gatherings**
- **2nd Annual HUB gathering**

New HUBS Are Born...Nurture New Hubs.....



- **22 HUBs in place**
- **145 First Nations**
- **More HUBs to come....**

Our HUB Communities Grow



Island of Turtles