



Update on Mental Health and Substance Use

**Gathering Wisdom – Day 2
November 4, 2009**



PRESENTATION OVERVIEW

- Health Directors Forum Summary
- Tripartite Engagement
- Tripartite Summary of Action Items
- Chehalis
- NAYSPS
- NNADAP
- Next Steps



WHAT WE'VE HEARD

Health Directors Forum (2008):

- Re-vamp mental health and addictions
- Networks & Transitions
- Tracking & Planning
- Overall Improvements

Gathering Wisdom Forums (2007 & 2008):

- A holistic approach & creative ways to address MH & SU
- Family/Community centered approach to youth suicide
- Continuum of care for addictions
- Capture wisdom and traditions of elders
- Increase rural resources for MH & SU Services



TRIPARTITE PARTNERSHIPS ON MENTAL HEALTH AND SUBSTANCE USE

- Tripartite Partners engage through meeting in person, conference call and by email
- Since implementation of the TFNHP partner engagement has changed to include all partners at the table
- Change in systems at policy and program level
- All partners are engaged for all activities relating to the TFNHP



TRIPARTITE ACTIVITIES AND ACCOMPLISHMENTS

Action Item 8:

- Adult mental health, substance abuse as well as young adult suicide will be addressed through an Aboriginal Mental Health and Addictions Plan.

Action Item 9:

- The First Nations Leadership Council and the Province will host a forum for all health authorities (Aboriginal Health Leads and Executive members) and First Nations Elders and youth to support and encourage learning about First Nations heritage, cultures and spirituality, and to develop models for youth suicide prevention.

Action Item 15:

- Develop new culturally appropriate addictions beds/units for Aboriginal people.



TRIPARTITE ACTIVITIES AND ACCOMPLISHMENTS

Action Item 8:

- Aboriginal Mental Health Substance Use Reference Group

Action Item 9:

- Youth Suicide Prevention Forum
- Youth Suicide Prevention Camps
- ASCIRT Teams
- NAYSPS

Action Item 15:

- Chehalis Treatment Centre
- NNADAP



TRIPARTITE ACTIVITIES AND ACCOMPLISHMENTS

Downtown Eastside Project

- The Chehalis Indian Band owned and operated Chehalis Healing House provides culturally appropriate and holistic drug treatment services for Aboriginal people living in the DTES.
- Starting in 2008/09 Health Canada has committed \$400k/year over 5 years as part of the National Anti Drug Strategy (NADS) for addiction services for Aboriginal people living in the DTES.
- Chehalis Healing House has positioned itself to become a major provider of Aboriginal family wellness programs in the Lower Mainland and Fraser Region.



TRIPARTITE ACTIVITIES AND ACCOMPLISHMENTS

National Aboriginal Youth Suicide Prevention Strategy (NAYSPS)

- Focus on primary, secondary and tertiary prevention
- Education and awareness of risk factors associated with suicidal behavior, emphasis on increasing protective factors such as links to family community and culture
- Peer Support Model
- Community Engagement
- Development of crisis response teams through the region



TRIPARTITE ACTIVITIES AND ACCOMPLISHMENTS

National Aboriginal Youth Suicide Prevention Strategy (NAYSPS)

Projects/Strategies Developed under NAYSPS 2006-2009:

- Suicide intervention/prevention teams: 7 ASCIRT Teams
- Canoe Journey/Life Journey Life Skills Training
- Youth Suicide Prevention Summer Camps
- Girls Group – Life Skills
- Peer Support Program
- Youth Suicide Prevention Forum
- Hazelton Task Force



TRIPARTITE ACTIVITIES AND ACCOMPLISHMENTS

The National Native Alcohol and Drug Abuse Program (NNADAP)

- Needs Assessment
- Modernization of Treatment Centres
- Re-profiling of Treatment Centres
- Certification and Training Addiction Workers
- Accreditation of Treatment Centres



NEXT STEPS

Action Item #8

Action Item #9

- Planning Youth Suicide Prevention Forum
- Tripartite Partnership

Action Item #15

- FNIHB Needs Assessment Forum – Dec 2009



FOR MORE INFORMATION...

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