

Aboriginal Pride



TSOW-TUN LE LUM SOCIETY is proud to offer two programs for the Aboriginal Gay, Lesbian, Bisexual, Transgendered, Queer, Two-Spirit and Questioning (GLBTQT) Community:

THUY NAMUT (Substance Abuse Program)

QUL-AUN (Residential School / Trauma Program)

Both programs are 4 weeks and scheduled to run January 11 to February 5, 2010

Tsow-Tun Le Lum provides a safe, residential healing experience where Aboriginal GLBTQT individuals or couples suffering from the impacts of drugs, alcohol, PTSD (Post Traumatic Stress Disorder), anxiety or long-term depression can learn new ways of coping with life stressors.

Both Aboriginal Pride Programs include presentations on developing and preserving self-esteem and sustaining healthy relationships, in an environment that recognizes how heterosexism, homophobia, prejudice, and discrimination can challenge personal growth.

Personal SAFETY and CONFIDENTIALITY are especially important. The centre does not offer any other programs during this time and only trained staff members are permitted in the common areas. For these programs *only* we accept self-referrals from participants who are not "out" in their communities or families.

For more information or to request an application package, contact Gina at (250) 390-3123 or gina@tsowtunlelum.org